



Shagotom (Welcome) to Bengal Spices

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Our sole purpose is to make sure that you are served the finest food, service and ambience so that this occasion is one that you will want to repeat.

We aim to serve exciting and tantalising dishes to suit your taste buds. Our menu reflects both the authentic taste of the Indian sub-continent whilst bringing fresh innovation to the traditional menu, delivering a mouth-watering fine dining experience.

All the dishes are prepared from the finest and freshest ingredients, offering a superb choice of outstanding and imaginative dishes. If your favourite dish is not listed, please enquire and our chef will do his best to make it for you.

Bengal Spices takes great pride in providing not just a meal but an exquisite, Indian, culinary experience.

Your enjoyment is our pleasure, so if you enjoy your meal please tell others, if not, please tell us.

THE MANAGEMENT RESERVES THE RIGHT NOT TO SERVE ANYONE WITHOUT GIVING A REASON

NB: SOME OF OUR DISHES MAY CONTAIN NUTS, IF YOU HAVE ANY ALLERGY, PLEASE INFORM A MEMBER OF STAFF

Opening Times:

**Everyday: 12:00pm - 2:00pm / 5:30pm - 11:00pm
Including Bank Holidays**

APPETISERS

NAWABI STARTER (Per person)	£7.95
Mixture of: chicken tikka, lamb tikka, onion bhaji, samosa, kastoori tikka & sheek kebab.	
TIKKA PLATTER	£5.50
Mixture of tandoori dishes: chicken / lamb tikka & sheek kebab.	
KASTOORI TIKKA	£5.40
tender pieces of chicken cooked in garlic butter and fresh spring onion.	
CALAMARI BALCHAO	£5.40
Fresh squid cooked and served in special Bengal sauce.	
DUCK KEBAB	£6.25
Freshly marinated pieces of duck skewered & barbecued with peppers, onions and tomatoes.	
TANDOORI CHICKEN 1/4 chicken on the bone	£4.40
CHICKEN / LAMB TIKKA	£4.40
SHEEK / SHAMI KEBAB	£4.40
PRAWN PURI	£5.25
KING PRAWN PURI	£6.05
King prawns stir fried with onions, green peppers, tomatoes and a selection of herbs served with puffed fried bread.	
KING PRAWN JAFFRONI	£6.25
Strips of king prawn cooked in delicious sweet and sour sauce, stir fried with onions and peppers.	
CHICKEN CHAAT	£5.25
KING PRAWN BUTTERFLY	£6.25
TANDOORI KING PRAWN	£6.25
MEAT OR VEGETABLE SAMOSA	£3.40
SALMON TIKKA	£6.25
MAGIC MUSHROOM	£5.85
Mushroom coated with spiced minced lamb served in a crispy shell.	
CHICKEN MOMO Minced chicken rolled with puree bread	£5.80
ONION BHAJI	£3.30

HOUSE SPECIALITIES

SHAHI NAGA CHICKEN 🌶️🌶️🌶️	£9.80
Tender pieces of chicken cooked with herbs, spices and green chilli sauce. Served with onions and coriander (Fairly Hot).	
ADA KATA LAMB 🌶️🌶️	£9.25
Strips of lamb tossed in whole roasted spices and root ginger, sprinkled with fresh coriander.	
DUCK NARANGI 🌶️🌶️	£10.95
Spicy duck breast pan fried and simmered in Madeira sauce cooked with juicy oranges and mushrooms.	
LAMB SHANK XACUTI 🌶️🌶️	£11.95
Tender shank of lamb marinated in a blend of eastern spices, braised and served in sauce.	
GARLIC MURGH CHILLI 🌶️🌶️🌶️🌶️	£8.90
Marinated chicken breast, grilled in tandoori with fresh cloves of garlic, presented on a sauce of green chillies and coriander.	
SHAHI TANDOORI KHORAI 🌶️🌶️	£11.95
Chicken, lamb tikka, sheek kebab, king prawn stir fried with peppers and onions and tossed with garlic and rich spices in a flaming iron souk.	
MUGLAI MURGH 🌶️	£9.95
Chicken marinated in yoghurt, ginger, garlic then cooked with garam masala, fresh cream and saffron.	
JEWEL IN THE CROWN	£9.45
Chicken cooked in a smooth fruity sauce, flavoured with highly rich and tender Alphonso mango.	
CHICKEN TIKKA BAKARA 🌶️🌶️	£10.95
BBQ Chicken cooked in a flavoured massala sauce with spinach and fresh cream.	
CHICKEN CHETTINAD 🌶️🌶️🌶️🌶️	£9.95
A choice of chicken or lamb in a hot sauce of ginger, garlic, tomatoes, onions and coconut. It's a well known South Indian dish.	
BENGAL SPECIAL CHICKEN 🌶️🌶️🌶️	£10.95
Sliced chicken and minced meat cooked with cinnamon sticks, bay leaves in fairly hot massala sauce, and sprinkled with fresh coriander.	
BENGAL MURGH 🌶️🌶️🌶️	£9.95
Chopped fresh chicken in tangy sauce, medium spice.	
BENGAL SIZZLING	£10.95
Chopped fresh chicken in tangy sauce, medium spice.	
KING PRAWN ANSARI	£12.95
Tandoori king prawn cooked in sweet and sour sauce with coconut milk.	
MURGH JAI PURI 🌶️🌶️🌶️	£10.95
Sliced breast of chicken marinated in garam masala, fresh coriander, ginger, garlic and corn flour lightly fried then cooked with a thick spicy sauce flavoured with tomato, green peppers, red peppers and fresh herbs.	
BENGAL SPECIAL MIX BHUNA	£9.95
Cooked in mild and creamy sauce made with butter, mild spices, nuts and fresh herbs.	
SABZI GARAM MASALA	£6.95
Medium spiced curry cooked in a very thick sauce with garlic, tomatoes and garam masala.	
NAWABI VEGETABLES	£6.95
Vegetables cooked in almond sauce with spinach.	
CHICKEN / LAMB TIKKA SHATKORA	£9.95
Shatkora is a fruit grown in the region of Sylhet, Bangladesh. It gives the dish a citrus flavour and a distinctive taste. Medium hot.	

TANDOORI SIZZLING DISHES

All tandoori dishes are barbecued in our special tandoor (clay oven) & served with salad & mint sauce.

TANDOORI CHICKEN	£8.95
TANDOORI KING PRAWN	£13.35
TANDOORI MIXED GRILL Served with Naan	£12.35
CHICKEN / LAMB TIKKA	£8.95
CHICKEN / LAMB SHASHLIK	£10.15

Chicken or lamb pieces flavoured with special spices, skewered and barbecued with onions, capsicums and tomatoes.

KING PRAWN SHASHLIK	£13.95
DUCK KEBAB BAZAN	£12.95

Succulent pieces of duck marinated with special spices, skewered and barbecued with capsicums, onions and tomatoes.

BENGAL SIZZLE SALMON	£13.95
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Cubes of salmon massala, spiced BBQ, grilled in clay oven, served with roasted onions and fresh salad.

SALMON TIKKA	£12.95
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Salmon fish marinated in special spice & barbecued in the tandoor.

CLASSIC DISHES

CHICKEN / LAMB TIKKA MASSALA	£8.90
TANDOORI CHICKEN MASSALA	£9.35
TANDOORI KING PRAWN MASSALA	£13.35
DUCK KEBAB MASSALA	£11.90
CHICKEN / LAMB TIKKA JALFREZI	£8.35
TANDOORI KING PRAWN JALFREZI	£13.35
CHICKEN / LAMB PASANDA	£8.35
TANDOORI KING PRAWN PASANDA	£13.35
BUTTER CHICKEN / LAMB	£8.35
CHICKEN / MEAT KHORAI	£8.35

BALTI SPECIALITIES

CHICKEN / LAMB TIKKA BALTI	£8.85
DUCK KEBAB BALTI	£11.95
KING PRAWN BALTI	£13.95
PRAWN BALTI	£9.15
BENGAL SPECIAL MIX BALTI	£11.00

DHANSAK AND PATHIA

CHICKEN / LAMB TIKKA DHANSAK	£9.00
CHICKEN / LAMB DHANSAK	£8.00
TANDOORI KING PRAWN DHANSAK	£13.95
CHICKEN / LAMB TIKKA PATHIA	£9.00
CHICKEN / LAMB PATHIA	£8.00
PRAWN DHANSAK / PATHIA	£8.35
TANDOORI KING PRAWN PATHIA	£13.95

BIRYANI DISHES

CHICKEN OR LAMB BIRYANI	£9.45
PRAWN BIRYANI	£9.95
CHICKEN OR LAMB TIKKA BIRYANI	£10.00
TANDOORI CHICKEN BIRYANI	£11.00
TANDOORI PRAWN BIRYANI	£13.95
BENGAL SPECIAL MIX BIRYANI	£11.00



TRADITIONAL DISHES

	CHICKEN	LAMB	PRAWN	KING PRAWN	CHICKEN/ LAMB TIKKA
CURRY	£6.30	£6.55	£7.05	£9.55	£7.15
MADRAS	£6.55	£7.00	£7.05	£9.55	£7.40
VINDALOO	£6.55	£7.00	£7.05	£9.55	£7.40
KORMA	£6.55	£7.00	£7.05	£9.55	£7.40
DUPIAZA	£6.55	£7.00	£7.05	£9.55	£7.40
ROGAN	£6.55	£7.00	£7.05	£9.55	£7.40
BHUNA	£6.55	£7.00	£7.05	£9.55	£7.40

VEGETABLE MAIN DISHES

SABZI KORMA A very mild dish with cream & coconut.	£6.25
SAAG MUSHROOM Spinach cooked with mushroom.	£6.25
SABZI MASALA / PANEER TIKKA MASALA Cooked with creamy masala sauce with almonds & coconut powder.	£6.55
SABZI PASANDA Cooked in spiced creamy sauce with grape juice & almonds, very mild dish.	£6.55
SABZI PATHIA A hot, sweet and sour dish in a thick sauce.	£6.35
SABZI DANSAK A hot, sweet and sour dish cooked with lentils.	£6.35
BEGUN MASALA (Aubergine)	£6.35
BALTI MUSHROOM FRY Mushrooms cooked with balti sauce.	£6.35
BALTI VEGETABLE Mixed vegetable cooked with balti sauce.	£6.35
PANEER JAIPUR Homemade cheese with capsicum & onions cooked with tomatoes & butter...rich & creamy.	£6.35
KORAI PANEER	£6.35

VEGETABLE SIDE DISHES

GOBI CHILLI FRY	£4.25
Cauliflower stir fried with green chilli, garlic, honey and soya sauce.	
ALOO CHANA PANEER	£4.25
Chick peas and potatoes cooked with onion and tomato gravy.	
DHINGRI PALAK	£4.25
Spinach, cheese and mushroom garnished with ginger.	
ALOO GOBI (Cauliflower & potatoes)	£4.15
SAG ALOO (Spinach & potatoes)	£4.15
GARLIC MUSHROOM	£4.15
MUSHROOM BHAJI	£4.15
Mushroom stir fried with onions & peppers.	
BHINDI BHAJI (Okra)	£4.15
BRINJAL BHAJI (Aubergine)	£4.15
DAL SABJI (Lentils & vegetable)	£4.15
SAG PANEER (Spinach & cheese)	£4.15
CAULIFLOWER BHAJI	£4.15
CHANA BHAJI	£4.15
Chick peas stir fried in spice and herbs.	
TARKA DAL	£4.15
Lentils garnished with garlic and coriander.	
SAG BHAJI	£4.15
Fried garlic and spices tossed in spinach.	
BOMBAY ALOO (Spicy potatoes)	£4.15
ONION BHAJI	£2.80



RICE

PLAIN BASMATI RICE	£2.60
PILAU RICE	£2.80
LIME & CASHEW NUT RICE	£3.65
BENGAL SPECIAL MIXED RICE	£3.65
EGG RICE	£3.65
MUSHROOM RICE	£3.65
KEEMA RICE	£4.35

BREAD

PLAIN NAAN	£2.60
KEEMA NAAN	£2.90
PESHWARI NAAN	£2.80
VEGETABLE NAAN	£2.80
GARLIC & ONION NAAN	£2.80
CHEESE & ONION NAAN	£2.80
PARATHA	£2.80
STUFFED PARATHA	£2.80
CHAPATI	£1.65
PUREE	£1.95

SUNDRIES

PAPADOM / SPICY PAPADOM	£0.75
CHUTNEY TRAY PER PERSON	£0.75
ONION / CUCUMBER RAITA	£1.65
CHIPS	£1.90

WEDNESDAY NIGHT £13.95 PER PERSON

5 Course Meal
Papadom & Chutneys
Starter • Main Dish • Side Dish
Any Rice or Naan

DINE IN ONLY.

Excludes nawabi starter. Mix grill excludes naan. Biryani excludes veg curry.

SUNDAY SPECIAL £11.95 PER PERSON

Lunch & Dinner 4 Course Meal
Papadom & Chutneys
Main Dish • Side Dish
Any Rice or Naan

DINE IN ONLY

An extra £2 charge will apply for: Duck, King Prawn, Fish & House Specialities

CURRY GUIDE

🔥🔥🔥 Medium 🔥🔥🔥🔥 Madras Hot 🔥🔥🔥🔥🔥 Vindaloo Hot